

The Wave



Term 1 – Week 6

Principal's Message

Intensive Swimming Program

What a great couple of weeks for our students as they participated in our annual Intensive Swimming program. This is such an important life-skill, so it has been wonderful to see so many families take advantage of this free program that we offer, in conjunction with the team at the Ballina Memorial Pool.

Thank you to all staff for their support, and to Mrs Cameron for the seamless organisation of this program.

Morning Supervision

Families are reminded that supervision of students at Ballina Public School starts at 8:45am each morning. If students arrive at school before this time, they are asked to sit with friends, and wait for the teaching and support staff to come onto duty.

Families are asked to assist their children to catch a morning bus that drops students off at the **Ballina Public School** gate, and not catch the bus to Ballina Coast High School and walk to our school. Thank you for working with us to ensure your children arrive safely to Ballina Public School each day.

Tree Work

Sadly, one of our trees needed to be removed this week, after inspection by arborists. You may have seen the tree being removed near the bus gate – it is quite a long process, and a noisy one. We are sad that it has gone, but happy it won't drop a branch and cause injury to anyone, or damage to property.

P & C Meeting

It was wonderful to see parents at our first P&C meeting for a while. Thank you so much for coming and supporting us to support all students.

Staff Update

Mrs Kim Wheatland has been asked to relieve as Principal at Wardell Public School for a few weeks. We are not sure how long exactly but will keep you informed. Mr Coulter is now the contact for Year 4 students, and Mrs Wraight is the contact for Year 3 students.

Uniforms

It has been wonderful to see so many students in full school uniform each day.

With the cooler weather not too far away, please ensure your child has a plain, or school logo, navy blue jumper, or jacket to wear.

If you need any assistance to get school uniform items, please contact the office and we will be able to support you.

Kind Regards,
Stacie Luppi
Principal

Important Dates

Term 1 - 2024

Week 7

Wednesday 13th March -Friday
15th March
NAPLAN

Week 8

Monday 18th March
School Assembly
1:20pm – 2:00pm
School Hall

Monday 18th March – Friday
22nd March
NAPLAN

Thursday 21st March
Harmony Day

Friday 22nd March
Earth Day

Week 9

Monday 25th March
NAPLAN

Thursday 28th March
Crazy Hat Parade

Friday 29th March
Public Holiday
Good Friday

Week 10

Monday 1st April
Public Holiday
Easter Monday

Wednesday 3rd April
School Photo Day

Thursday 4th April
Soccer Gala

Week 11

Monday 8th April
Special PBL Assembly

Tuesday 9th April
Cross Country

Friday 12th April
Anzac Assembly
Last Day of Term 1

\$6.50 Meal Deal

Fried Rice

Popper

Fruit Salad

Prize

Our Canteen is open from 8:45am – 12:00pm on Wednesday, Thursday, and Friday's.

Building Resilience

Resilient kids know how to cope and have the skills that can help them handle problems and different situations. Sometimes things don't go the way we had planned, and being resilient means we can carry on with our day without it being a huge problem. At BPS we are working to help our students become more resilient. We would like to work with our families to increase resilience in all of our students. Here are some ways you could help at home.

- *Encourage your child to talk about things that are bothering them.* Learning to seek help when a problem can't be solved is an important lifelong skill. Let your child know that unhappy or difficult times are a normal part of life and don't usually last for too long.
- *Encourage your child to re-phrase their unhelpful thinking.* Teach your child to turn words such as – "I'm stupid" or "They hate me" into more helpful and optimistic thinking – "I made a mistake, everyone makes mistakes" or "They don't hate me, they just feel like playing with someone else today."

We have an important role to play as adults. At home, try to model these skills to your child. Talk your problems through with others and review different solutions.

- Use optimistic thinking and say things such as – 'Things will get better soon.'
- Talk about how you may have managed strong emotions in a calm way.
- Talk about your goals and how you hope to achieve them.
- Show appreciation to others for their friendship.

Children are always watching and will copy what we do. Be a positive role model. Use these skills and show your child how to be resilient.



Free School Dental Service – 27th to 31st May 2024

Please use the link to complete the form for your child to have a free dental check at school.

<https://nswdentalcare.com.au/parental-consent-form-schools/>

NAPLAN

Monday the 13th of March is the start of The National Assessment Program – Literacy and Numeracy (NAPLAN) and concludes on Monday the 25th of March.

This is an annual national assessment for all students in Years 3, 5, 7, and 9. Students will be assessed on reading, writing, spelling, grammar and numeracy.

The purpose of the NAPLAN assessment is to see how each student is developing their literacy and numeracy skills. From this information we can differentiate our teaching and learning programs to meet the learning needs of each student. You can support your child to achieve to the best of their ability by ensuring they:

- Have a good night sleep.
- Eat breakfast.
- Arrive at school on time (this is very important as these assessments are strictly timed and some assessments will start soon after the morning bell).

Mrs Stephanie Whalan
Assistant Principal Curriculum & Instruction

2024 Premier's Reading Challenge

The 'PRC' aims to encourage in students a love of reading and expose them to a wide variety of quality literature.

Kindergarten to Year 6 students can participate in the challenge by reading books from the PRC book list and keep track of books read. Students who successfully complete the challenge receive a certificate and appear on the PRC Honour Roll.

Students interested in participating in this challenge will be given information about how to enter at the beginning of Term 1 each year. For further information, visit the Premier's Reading Challenge website.



Artwork by Sami Bayly

NSW Department of Education

2024 NSW Premier's Reading Challenge

Start reading now!

www.premiersreadingchallenge.nsw.edu.au



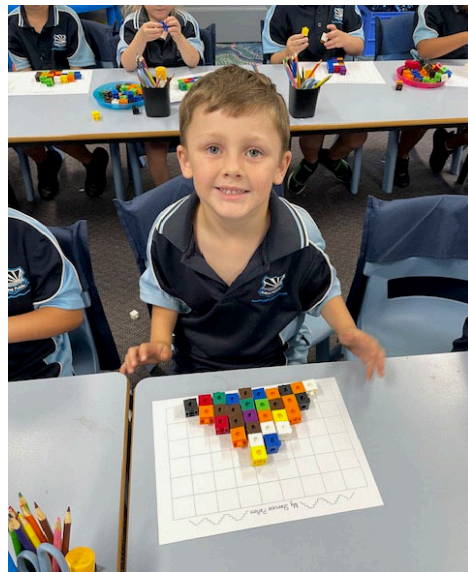
Key dates for students in K-10:

Challenge opens
Monday 26 February
Challenge closes
for student entries
Friday 23 August



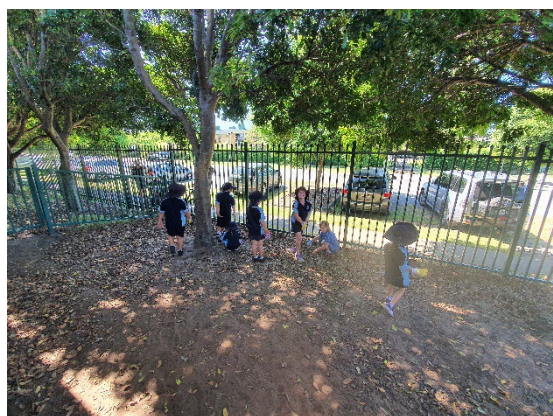
Class KF – Mrs Franklin

KF has been learning about what a pattern is. We have had fun making patterns with lots of resources. We even made a staircase pattern that increased by 1 on one side and then decreased by 1 on the other side.



Clean Up Australia Day – Friday 1st March

Australia's waste challenges continue to grow. Now, more than ever, it's time to **Step Up** and support solutions which move us towards a circular economy where everything is a resource, and there is no such thing as waste. Our school Clean Up Australia Day was Friday March 1st.



Class 6C – Mrs Cameron

We have been studying the 'The Wild Robot' in our literacy sessions. We are currently focusing on characterisation and working on creating a character analysis of Roz, the main character. During Sport, we have been focusing on the Fundamental Movement Skill of throwing and catching.



Community Notices



A promotional poster for the All Saints Netball Club. The background is a vibrant pink. On the left, there are three circular inset photos: the top one shows a group of girls in blue and pink netball uniforms posing together; the middle one shows two girls smiling; the bottom one shows a group of girls in action on a netball court. In the center, a large photo shows a girl in a blue and pink uniform jumping high to catch a green netball. Below this, the club's logo is a purple circle with a pink netball and the text 'ALL SAINTS NETBALL CLUB'. To the right of the logo, the text 'REGISTER HERE' is written in yellow, with a yellow arrow pointing to a QR code. At the bottom left, the text 'Join All Saints Netball Club' is written in yellow, followed by 'All Ages, All Abilities Welcome' in black. Below this is the 'Cherry STREET Sports' logo. At the bottom right, the email address 'Allsaintsnetball@gmail.com' is written in white.

Join All Saints Netball Club
All Ages,
All Abilities Welcome

Cherry STREET Sports

REGISTER HERE

Allsaintsnetball@gmail.com



A promotional poster for the Far North Coast Hockey Inc. Kids Autumn Holiday Hockey & Multi-Sports Camp. The background is a vibrant yellow. At the top, there is a photo of a group of children in various colored shirts running and playing on a grassy field. Below this, the text 'KIDS AUTUMN HOLIDAY HOCKEY & MULTI-SPORTS CAMP' is written in large, bold, black letters. To the right of this text, there is a yellow starburst graphic with the text '5-Days \$50' and 'One registration Fee! Attend any or all 5-Days!'. Below the starburst, there is a yellow circle with the text '5-14 Years Old'. To the right of the circle, the text 'APRIL 2024 15th-19th' is written in black. Below this, the text 'GOONELLABAH HOCKEY TURF' is written in black, followed by 'Oliver Ave, Goonellabah (behind Sports Club)'. At the bottom right, the text 'CONTACT US' is written in black, followed by '0411 144 799' and 'summerlandershockeyclub@gmail.com'. On the left side, there is a section titled 'Fun Active Sports Program for Kids' with a bulleted list: 'Learn how to play Hockey, working through the popular & fun Hookin2Hockey program.', 'Sample & try 5 other local sports.', and 'Learn together and meet new friends.' Below this, the text 'LIMITED NUMBERS Reserve EARLY placement NOW!' is written in black. At the bottom left, there are three small photos: the first shows two children in white martial arts uniforms; the second shows a group of children in various colored shirts running; the third shows a child in a red and white hockey uniform holding a stick.

Far North Coast Hockey Inc.

KIDS AUTUMN HOLIDAY HOCKEY & MULTI-SPORTS CAMP

Keep kids physical this Autumn Holidays!

5-Days \$50
One registration Fee!
Attend any or all 5-Days!

5-14 Years Old

APRIL 2024 15th-19th

GOONELLABAH HOCKEY TURF
Oliver Ave, Goonellabah
(behind Sports Club)

CONTACT US
0411 144 799
summerlandershockeyclub@gmail.com

Fun Active Sports Program for Kids

- Learn how to play Hockey, working through the popular & fun Hookin2Hockey program.
- Sample & try 5 other local sports.
- Learn together and meet new friends.

LIMITED NUMBERS
Reserve **EARLY** placement **NOW!**