

# The Wave



Term 3 – Week 8

## Principal's Message

### Spring is here!

The warmer weather has arrived – please ensure that your child has a broad-brimmed, dark blue hat for playing out in the sunny areas of our school. Caps are not part of our uniform as they don't protect ears and necks from the sun. Also, make sure that your child's name is on their hat for a quick return if it gets misplaced. And no sharing of hats!



### School Uniform – School Locker, Ballina

I have been informed that stock of our school polo shirts will arrive in store at School Locker in Ballina within a couple of weeks. We thank everyone for their patience while this has been sorted out.

### Headlice

Sadly, I report that head lice are making a comeback. Please check your child's hair each day and if you notice actual lice, or notice itching, please treat accordingly. Sometimes more than one treatment is required, so please persevere with it and repeat treatment.

We also strongly recommend tying up hair each day. There are some tips in this week's newsletter for those treating an outbreak at home.

*Preventing head lice?* There is no product available that prevents head lice. However, tying hair back and checking weekly for lice, using the conditioner and comb method, can help prevent the spread.

**Stacie Luppi**  
Principal

## Important Dates

### Term 3 - 2023

#### **Week 10**

**Monday 18<sup>th</sup> September**  
Whole School Dress  
Rehearsal

**Tuesday 19<sup>th</sup> September**  
12:30pm Matinee Session  
BPS Extravaganza Concert

**Wednesday 20<sup>th</sup> September**  
BPS Extravaganza Concert  
12:30pm Matinee Session  
BPS Extravaganza Concert  
6:00pm Evening Session

**Friday 22<sup>nd</sup> September**  
Last Day of Term

## \$6.50 MEAL DEAL

Ham & Cheese Toastie

Up & Go

Choc or Vanilla

Fruit Salad Cup

Prize

Our meal deal is a set deal and cannot be substituted for other items.

Our Canteen is open Wednesday, Thursday and Friday from 8:45am till 12:00pm.

## Father's Day

A big thank you to all the families that supported our Father's Day Stall and Father's Day Raffle.  
Together we raised a total of \$990.00 which is an awesome effort.

Congratulations to the winners of the Canteen Father's Day raffle.

1<sup>st</sup> Prize – Macsen (3/4C)

2nd Prize – Candace (3/4S)

3<sup>rd</sup> Prize – Asakai (1R)

**BALLINA PUBLIC SCHOOL**  
PRESENTS  
**'MUSIC THROUGH THE DECADES'**

1950'S  
1960'S 1970'S  
1980'S 1990'S  
2000'S

**TICKET PRICES**  
\$8.00 ADULT  
\$4.00 CHILD  
\$15.00  
(FAMILY OF 4)

**EXTRAVAGANZA**

TUESDAY 19TH SEPT 12:30PM MATINEE SESSION  
WEDNESDAY 20TH SEPT 12:30PM MATINEE SESSION  
WEDNESDAY 20TH SEPT **SOLD OUT** M EVENING SESSION

SCHOOL HALL

TICKETS ARE AVAILABLE FOR PURCHASE FROM OUR  
ADMINISTRATION OFFICE FROM MONDAY 14TH AUGUST  
UNTIL SOLD OUT!

Evening Session is SOLD OUT!

Please call into our administration office to purchase tickets for the Matinee sessions on  
Tuesday 19<sup>th</sup> September and Wednesday 20<sup>th</sup> September at 12:30pm.

## 2024 Kindergarten

Do you have a child starting school next year?

Enrolments can be undertaken online via our school website ([ballina-p.school@det.nsw.edu.au](mailto:ballina-p.school@det.nsw.edu.au)) or alternatively please contact our administration office and we can arrange for an enrolment pack to be posted to you.

### NOW TAKING ENROLMENTS FOR 2024



At Ballina Public School we offer high quality, educational teaching and learning programs. We value family, community and culture.

### SPECIAL EDUCATION UNIT



Our Special Education Unit offers 3 support classes for students with disability. The personalised learning and support needs of students are addressed through a collaborative planning process. Adjustments to learning enable equitable participation by students in a full range of educational activities on the same basis as their peers.

Each small class is able to provide intensive learning support to students from experienced and dedicated special education teachers and student learning support officers.

It's an environment that enriches and enhances every child's learning.

Students travel from surrounding areas and special transport services are available by application.

For enrolment enquiries, further information or to arrange a tour please contact our school and speak to the Principal Mrs Stacie Luppi or Assistant Principal Support Mrs Lee Yabsley.



## Tell them from me survey

The Tell Them From Me Survey for parents is now open for you to engage with. The purpose of the survey is to give the school feedback regarding yourself and your child within our school context. The survey is anonymous when you participate. The link can be accessed on computers and mobile devices. We would appreciate learning how we can best support you at our school.

Website: <http://nsw.tellthemfromme.com/x23g3>



Language:

English (Australia) ▼

### Before you Begin

Your child's school is participating in a survey that allows parents to express their views about their perceptions of their children's experiences at home and school. If you have more than one child at the school and your perceptions differ for each child, you may choose to complete the survey more than once to provide feedback on each child's experiences.

Your participation in the survey is anonymous and confidential. When you submit your survey, the responses are recorded on a secure site without personal identifying information. Your answers will be mixed with those of other parents and caregivers from the school. You may skip any questions you do not wish to answer, other than the one asking which school year your child is in.

I understand and am ready to start:

**Begin Survey**

In Partnership with



**Education**



# SRC MUFTI DAY 'CASUAL CLOTHES'

**Friday 22nd September 2023**

Please be sun safe.

Students must wear suitable  
clothes including covered  
shoulders and closed in shoes.

**Please bring a gold  
coin donation.**



## End of Year Monster Raffle

On behalf of everyone at Ballina Public School, I would like to extend my sincere appreciation to all local businesses who have donated items to support our end-of-year raffle. The response has been amazing. Please get behind these supporting businesses whenever you can and shop local!

Forty Winks (Bedding Package)	Malibu Burgers	Community Project Playcentre	Enspire
The Bicycle Emporium (Drift Bike)	Sun's	Mezza	Ballina Pool & Waterslides
Ramada	Ballina Surf	Juice It Up Bar	Smokin Barrell
Che Bon	Opal Nails	Bondies	Indian Kitchen
Dinner Is Served	Thai on High	Tonic Hair Body Beauty	Café Boker
Mumbai Masala	Palace Cinemas	Babalinos	Cherry Street Sports
Coffee & Kitchen	Ballina Ten Pin Bowling	Hartley's Fresh Market	Aero Nails
Gallery Cafe	Analise's Hair Studio	Sportspower Super Warehouse	The Kitchen
Fisherman's Co-Op	Byroness	The Lounge	Cathy Walshe The Barber
Book Warehouse	Taco Bell	Brad's Butchery	Kelp
Stellarossa	Ballina Marineland	Ballina RSL	Body Beyond
Sushi Don	Ballina Bait & Tackle	Our Chemist	Northern Rivers Seafood
Blooms Chemist	I Nails	Subway	Terry White Chemist
Our Chemist			

Stacie Luppi  
Principal



# Treating and controlling headlice

## health

**While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.**

### Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

### Finding head lice

Many lice do not cause an itch, so you have to **look carefully to find them**.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1** Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2** Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3** Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4** Look on the tissue and on the comb for lice and eggs.
- Step 5** Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

### Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.



## Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (maldison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

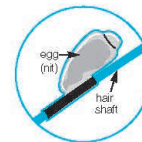
Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

## Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

## Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

## Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

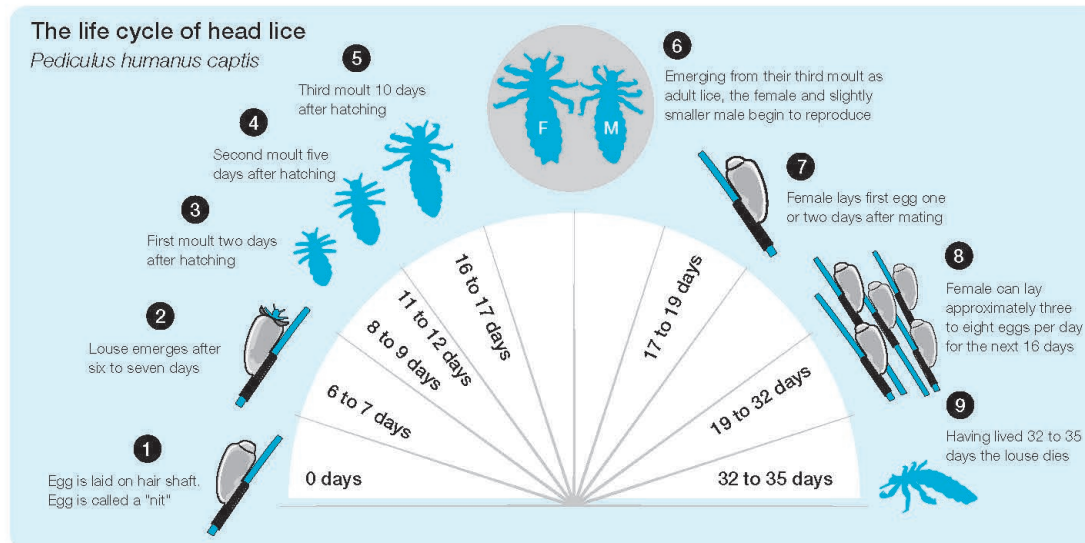
## Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

## Further information

The following website offers further information:

[www.health.vic.gov.au/headlice](http://www.health.vic.gov.au/headlice)



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at, School of Public Health and Tropical Medicine, James Cook University.

Treating and controlling head lice

Cover concept by students from St Patrick's Primary School, West Geelong. Life cycle diagram courtesy of Nitpickers Qld.

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# NDIS Support Worker

Andrea Falletta

*Police check  
Working with Children check  
NDIS worker check  
Insurance  
Reliable car  
First aid certification, CPR*



## MY SERVICES

- Drop off pick up to and from school
- Support in after school activities
- Creative adventures and outdoor activities
- Mentoring

**Phone: 0416501193**

**[info.andreacareworker@gmail.com](mailto:info.andreacareworker@gmail.com)**

**GET STARTED**

But above all, I'm passionate about creating a warm, fun, and supportive environment where you and your dear one feel cared for and inspired.