

# The Wave



Term 3 – Week 1

## Principal's Message

### Welcome to Term 3

It has been wonderful to see the students and staff back at school. We all hope that you had a good holiday break.

I would like to welcome our new families; we have already had a number of new students start, with more beginning at BPS next week.

### Staffing News

I am excited to announce that Mrs Stephanie Whalan has been successful in gaining the part-time Assistant Principal Curriculum & Instruction role here at Ballina PS. This is well deserved!

I have also learned that Mrs Amanda van den Berg, who previously worked as our Stage 3 Assistant Principal has been successful in gaining the Principal position at Dunoon Public School.

I extend our warmest congratulations to both staff members on their new appointments. Mrs van den Berg's appointment will mean that we will have an Assistant Principal position become available at our school. Watch this space for more information.

### COVID-19

As I'm sure you are aware, there has been increased transmission of Covid-19 across the state and within our community. This has resulted in some updates from the NSW Department of Education. Please refer to the information in this newsletter. In addition, a note will go home to families.

Additional RAT test kits will also be coming home once we have received them.

### Athletics Carnival

Unfortunately, the weather has not been in our favour and our carnival has been postponed until next Tuesday 26<sup>th</sup> July for all students 8 years and up that have returned their permission note. The schedule for the day will be altered to track events only.

Please note that students will need to bring a fully packed lunch on this day.

Kind Regards,  
Stacie Luppi

## Important Dates

### Term 3 - 2022

#### Week 3

District Athletics Carnival  
Friday 5<sup>th</sup> August

#### Week 4

Years 3 & 4  
Netball School Cup  
Ballina Netball Courts  
Monday 8<sup>th</sup> August

#### Week 6

Byron Bay Writer's Festival  
Tuesday 23<sup>rd</sup> August

#### Book Week

Character Parade  
Wednesday 24<sup>th</sup> August

#### Week 9

Stage 3  
Dorroughby Camp

#### Year 5

13<sup>th</sup> & 14<sup>th</sup> September

#### Year 6

15<sup>th</sup> & 16<sup>th</sup> September

#### Week 10

Last Day of Term  
Friday 23<sup>rd</sup> September

## Canteen

### WEEKLY MEAL DEAL

Spaghetti Bolognese with garlic bread  
Up & Go  
Popcorn

**\$6.00**


Please note when ordering this is the only meal deal available, we are unable to substitute for other items on the menu.



## Book Club

Issue 5 Book Club brochure has been sent home with your child/ren.


Book Club closes on Thursday 4<sup>th</sup> August, 2022. Any orders after this date will not be accepted.

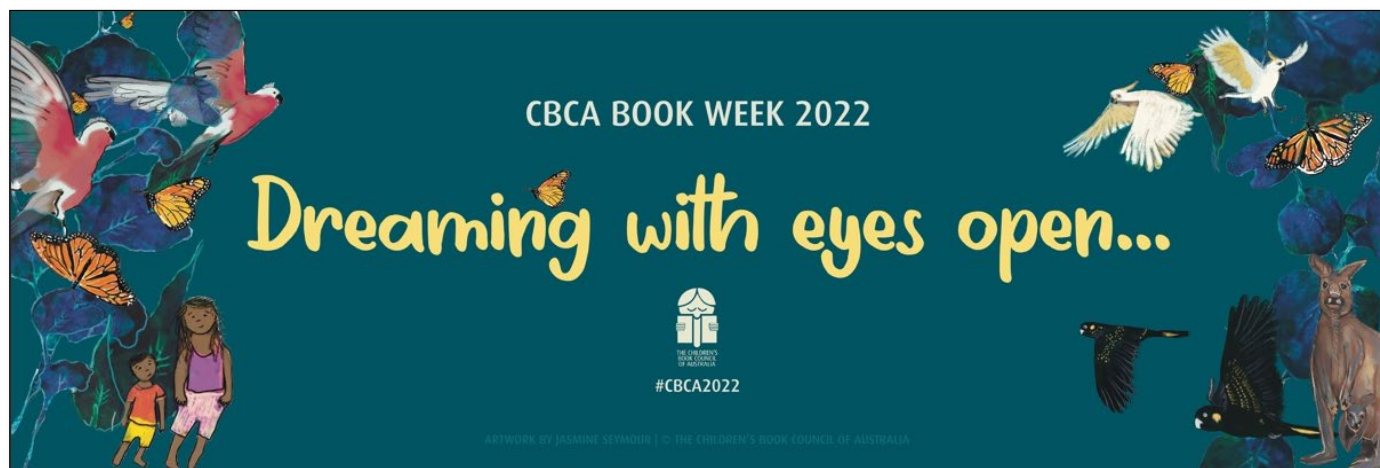
Scholastic are giving away *FREE* books on this issue to help celebrate and spread the love of reading in your school.

**SCHOLASTIC**  **Book Club**

 **FREE**   
**BOOK OFFER!**  
**ON ISSUE 5**

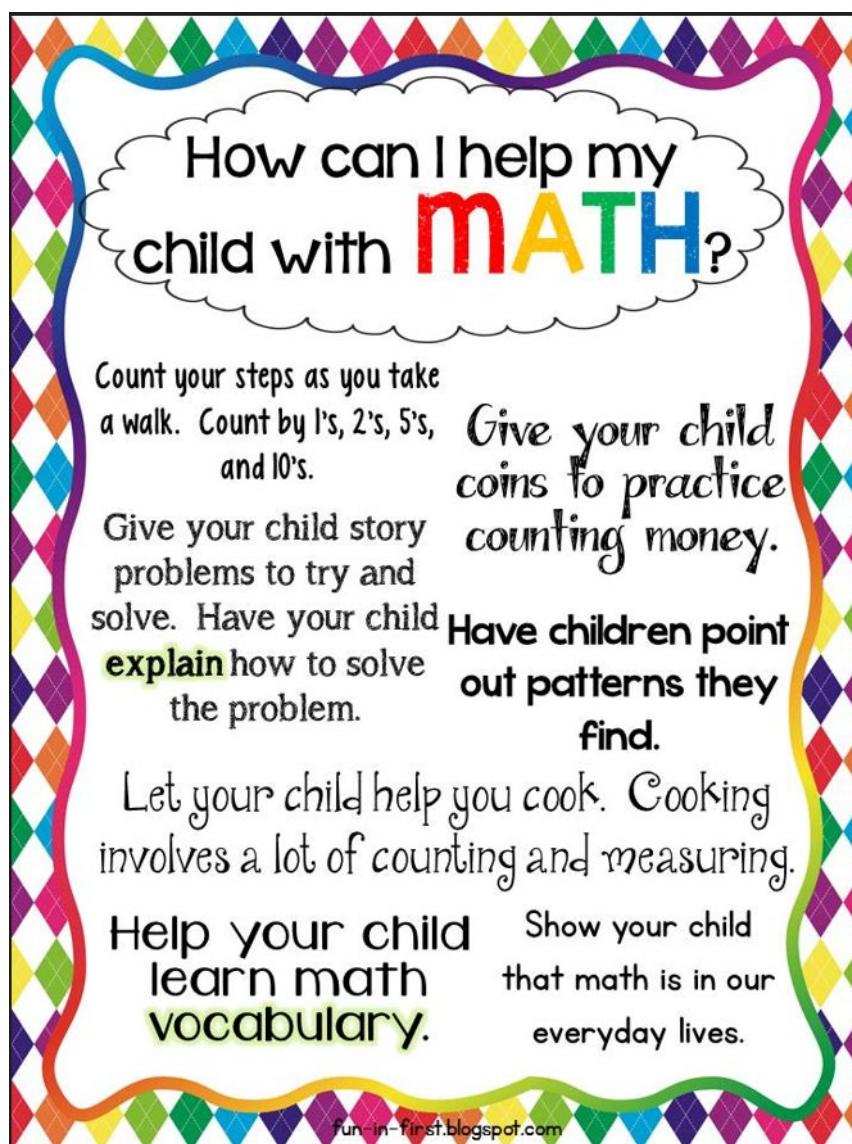
Receive	When you spend over
1 Free Book	\$30
2 Free Books	\$50
3 Free Books	\$70





Our Book Parade will be held on Wednesday 24<sup>th</sup> August from 10:00am to 11:15am (lunch time) in the Hall. All welcome.

## Maths Ideas for Home



NSW Department of Education

# COVID-smart measures for schools

Information for parents, carers and students



We know that being together in the classroom is the best thing for our students' learning, growth and welfare. This term we will continue to implement several measures to allow us to prioritise both the wellbeing of our students and a consistent and productive learning environment.



### Stay home if unwell

- If your child is unwell, you must keep them at home. If they are displaying even mild COVID-19 symptoms, they should take a COVID test (PCR or RAT) and isolate.
- Your child should only return to school once they have returned a negative test and they are symptom free.



### Vaccinations

- Vaccinations for COVID-19 and flu are the best way of protecting yourself, your family and the community. Vaccination is a safe and effective way to give your immune system a helping hand against viral illnesses.
- All eligible staff and students are strongly encouraged to keep up to date with their vaccinations to protect their health.



### Close contacts

- Students identified as close contacts can attend school providing the school is informed, they return a negative COVID-19 test result and wear a mask, except when eating/drinking or exercising (if in Year 7 and above) for 5 consecutive school days, and they do not attend high risk settings.
- Students in schools for specific purposes and support units cannot attend school as a close contact and will be supported to learn remotely during their self-isolation.



### Rapid antigen testing

- Rapid antigen tests (RATs) should be used if your child is displaying even mild COVID-19 symptoms, or daily if they are attending school as a close contact.
- If your child tests positive for COVID-19, they must not attend school until their isolation period finishes and they are symptom free. Positive rapid antigen test results must be registered with Service NSW.
- If your child tests negative but is still showing symptoms they should not attend school until symptom free.
- Staff and students will be provided with 1 multipack of 5 RAT kits by their school in early Term 3.
- Schools will maintain a reserve stock of rapid antigen tests onsite for surveillance testing purposes in the event of an outbreak.



### Hygiene and cleaning

- Students are encouraged to regularly wash their hands with soap and water, and to use personal protective equipment as required.
- Boosted day cleaning of schools will focus on high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways and movement areas.



### Ventilation

- Fresh air is the most effective form of ventilation to minimise the risk of transmission.
- During the colder months, heating will be used in conjunction with ventilation methods to balance thermal comfort.
- All learning spaces in public schools have been checked to ensure appropriate levels of ventilation and air purifiers have been provided where needed.
- Using outdoor spaces will continue to be encouraged where possible.



### Masks

- Mask-wearing is strongly encouraged where possible for all staff and students, particularly in indoor spaces and other instances where ventilation and distancing is not possible.
- Mask-wearing is strongly encouraged for visitors, particularly when they are interacting directly with students, and is required when interacting with students who are at greater risk of serious illness should they contract COVID-19.
- Masks are required when indoors for students attending school as a close contact in Year 7 and above and are strongly encouraged for younger students.
- Mask-wearing is strongly encouraged for all students for the 3 days following their recovery from COVID-19.



### Visitors

- Visitors can attend school sites regardless of their vaccination status.
- Visitors who are engaging directly with students in certain higher-risk settings for school operations and curriculum delivery and allied health partners for the wellbeing of students, may be required to wear masks.
- Visitors who attend school as a close contact are required to inform the school and follow certain guidelines, including wearing a mask when indoors.



### Activities

- Health and safety risk assessments will be integrated into planning activities, including excursions and overnight camps.
- Parents and carers will be made aware of the risk of exposure and will need to give permission for certain activities.



### Responding to local situations

- Schools will work with the department's Health, Safety and Staff Wellbeing case management team to respond appropriately to local situations, including outbreaks of viral illness.
- In some cases, schools may temporarily introduce additional measures as a 'circuit breaker', including requiring mask-wearing, postponing or limiting non-essential activities and directing cohorts to learn remotely.



### Learning remotely

- The department continues to develop digital learning resources to support students who need to learn remotely.

For more info, visit [education.nsw.gov.au/covid-19/advice-for-families](https://education.nsw.gov.au/covid-19/advice-for-families)

### Telephone interpreter service

If you need further information please call your school principal. If you need an interpreter to assist you with your enquiry please call the Telephone Interpreter Service on 131 450 and ask for an interpreter in your language. Tell the operator the phone number you want to call, and the operator will get an interpreter on the line to assist you with the conversation. You will not be charged for this service.

The NSW Government is committed to ensuring school operations continue while prioritising the safety and wellbeing of students and school staff.



# COMMUNITY MENTAL HEALTH SYMPOSIUM

This symposium will have a focus on Youth Mental Health issues in the Northern Rivers related to the isolation and restrictions of Covid and the effects of the recent floods.

### KEY NOTE SPEAKERS



**MICHAEL SAWYER OAM**  
MBBS, PhD, Dip Child Psych., FRANZCP, FRCP  
Emeritus Professor at the University of Adelaide



**KATIE BURGESS**  
Senior Psychologist, Child and Adolescent Mental Health  
Northern Rivers Community Gateway

### AND GUEST SPEAKERS FROM

headspace Lismore | batyr : Education programs on Preventative Mental Health

The Buttery | Momentum Collective

The Healthy Minds Club

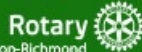
5pm Breakout room | 6pm Presentations | 6pm Q & A session  
Complimentary Tea, Coffee & Biscuits

## Let's talk about it

FREE TO ATTEND  
Pre-Registration is required  
[www.trybooking.com/CAIZE](http://www.trybooking.com/CAIZE)



Presented by



Ballina-on-Richmond

[rotaryclubofballinaonrichmond.org.au](http://rotaryclubofballinaonrichmond.org.au)

Enquiries: Dave Harmon 0401 956 996



## Clear Minds

Are you under 18, finding areas of life challenging and need support to discover your true potential?

We understand life can be hard, and sometimes figuring it out by yourself is difficult.

Clear Minds can help you explore and set goals around key areas of your life, including your mental health, physical health, learning, development and relationships.

If you or someone you care for could use our support, please contact our friendly team for a chat.

1300 900 091 | [mymomentum.org.au](http://mymomentum.org.au)

Ballina	Mon-Fri	8.30am-4.30pm
Grafton	Mon-Thurs	8.30am-4.30pm



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