

# The Wave



## Term 3 – Week 1

### Principal's Message

#### Welcome to Term 3

Welcome back to school. While it might not be what we were hoping for, we are lucky to be out of the Greater Sydney region.

#### Staffing Update

Mrs Vicki Evans will be taking leave this term, and we have been lucky to secure two fantastic teachers to cover the Year 2 class.

Mr Eli Cook – you would know Eli as our previous Aboriginal Education Officer. He completed his teacher training last year and has been working at Goonellabah Public School. Mr Cook will be on the Year 2 class Monday, Tuesday and Wednesday.

Mrs Tiffany Whitelaw – a highly experienced teacher who has been working for a number of years as an Instructional Leader. Mrs Whitelaw is on the class on Thursday and Friday. This is very exciting for our school to have these two staff members working at Ballina Public School.

#### COVID-19 Update

It is extremely important for us all to follow the NSW Health advice. This is the best way to keep COVID out of our community.

If you or your children were in the Greater Sydney region **at any time on or after June 21<sup>st</sup>**, you **MUST get tested and isolate for 14 days**. Anything outside of this is a breach of the Public Health Orders. The Delta strain of COVID is spread much more easily, so I ask that you do this to ensure the safety of our school and our wider community.

Being outside the Greater Sydney region, our school is operating at Level 2 restrictions.

The Department of Education is updating us daily with any changes. When they impact our school and community, I will share them with you through our Facebook page. I encourage you to follow our page to keep up to date.

#### Athletics Carnival

Luckily we were able to hold our athletics carnival on Thursday, with some modifications to meet COVID safe guidelines.

Thank you Mrs Cameron for the extra work in making these adjustments so that our students could still participate.

#### Thank you

I want to thank our parents and carers for their understanding and flexibility with the changes to school at the start of this term. It has been wonderful to see everyone taking the necessary precautions. I greatly appreciate the efforts that everyone is going in order to keep us all safe during this time.

I understand that this impacts almost every aspect of our lives. It is important to seek help if you are feeling overwhelmed by it. Here are some places to seek information or assistance.

<https://www.headtohealth.gov.au/covid-19-support/covid-19-support>

<https://coronavirus.beyondblue.org.au/>

Kind Regards,  
Stacie Luppi

### Important Dates

#### Term 3

##### Week 2

**Tuesday 20<sup>th</sup> July**  
Recycle Relay

**Wednesday 21<sup>st</sup> July**  
Recycle Relay

**Thursday 22<sup>nd</sup> July**  
Recycle Relay

CANTEEN CLOSED

##### Week 3

**Monday 26<sup>th</sup> July**  
Kinder 2022 School Tour 4pm  
(Further information to come)

**Friday 30<sup>th</sup> July**  
Headlands Athletics

CANTEEN CLOSED

##### Week 4

**Monday 2<sup>nd</sup> August**  
Kinder 2022 School Tour 4pm  
(Further information to come)

Ballina Public School  
PIZZA DAY

##### Week 5

**Friday 13<sup>th</sup> August**  
FNC Athletics

School Banking every  
Wednesday

*P & C Meetings are  
cancelled until further  
notice.*

## Canteen News



Our school canteen will be closed from **Monday 19<sup>th</sup> July, 2021** (week 2) to **30<sup>th</sup> July, 2021** (week 3) inclusive.

**Alison Mann**  
Canteen Manager

## P & C News

Unfortunately, this meeting and all future P & C Meetings have been cancelled until further notice.

## Covid News Update

NSW Department of Education

### COVID-Safe School Operations



	Overview	Guidance on mask wearing
<b>Level 1</b>  School operating in a COVID-safe/COVID-normal way	<ul style="list-style-type: none"> <li>Schools can operate in a COVID-normal way</li> <li>Students and staff to not attend school if they have symptoms; negative COVID-19 test required prior to returning to school</li> <li>Parents, carers and visitors are allowed on-site</li> <li>QR code check-in and check-out required for all staff and visitors</li> <li>COVID safety plans required in line with NSW Health advice (such as large gatherings or events)</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in line with broader Health settings</li> </ul>	<ul style="list-style-type: none"> <li>Inter-school sport in line with community sport guidelines</li> <li>Community use in line with broader Health settings</li> <li>SRE/SEE (externally provided religion and ethics classes) operational</li> <li>Community Language Schools operational</li> <li>P&amp;C on site</li> <li>Additional cleaning measures in place</li> <li>Further detailed guidance available on the Department's website.</li> </ul>
<b>Level 2</b>  COVID-safe; restrictions on activities and non-essential visitors	<p>As per Level 1, except:</p> <ul style="list-style-type: none"> <li>Non-essential visitors not allowed on-site (including parents and carers)</li> <li>Mask wearing recommendations</li> <li>Staff identified as vulnerable supported to work from home</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in outdoor settings only</li> <li>Assemblies must have COVID-Safe practices in place and no parents/carers are allowed</li> </ul>	<ul style="list-style-type: none"> <li>Excursions within Local Government Area only, and strongly recommended to be outdoors and within walking distance</li> <li>Further detailed guidance available on the Department's website.</li> </ul>
<b>Level 3</b>  COVID-safe; further restrictions on activities and non-essential visitors	<p>As per Level 2, except:</p> <ul style="list-style-type: none"> <li>Mask wearing requirements</li> <li>Introduction of staggered breaks and reduced mingling of student cohorts wherever possible</li> <li>Activities such as singing, chanting, choirs, bands and school performances not permitted</li> <li>No assemblies</li> <li>No excursions</li> </ul>	<ul style="list-style-type: none"> <li>No community use (except early childhood services and OOSH services)</li> <li>No uniform shops</li> <li>No SRE/SEE (externally provided religion and ethics classes)</li> <li>No Community Language School on site</li> <li>Further detailed guidance available on the Department's website.</li> </ul>
<b>Level 4</b>  Learning from home encouraged, schools are open for families who need it	<ul style="list-style-type: none"> <li>Families are encouraged to keep their children at home, with no student to be turned away</li> <li>Schools activate plans to support continuity of education for all students learning from home.</li> </ul>	<p>Where students and staff are at school, Level 3 guidelines apply, except:</p> <ul style="list-style-type: none"> <li>No community use (except early childhood services)</li> <li>No canteens</li> <li>Further detailed guidance available on the Department's website.</li> </ul>

# PIZZA DAY



As part of our SRC fundraising for Term 3, we will be having a Pizza Day at Ballina Public School on **Monday 2nd August, 2021** (Week 4).

We are looking to raise money for a water bottle refill station and drinking fountain. Mr Mozzarella will kindly be providing us with pizzas for students to enjoy for lunch at school.

If you would like to order a pizza slice, or slices for your child/children, please fill out the order form that has been sent home, and return to the office with your payment.

**Notes and money will need to be returned by Wednesday 28th July, Week 3.**

**No orders will be accepted after this date.**

## Principal Awards

Congratulations to all our award recipients.





# Athletics Carnival

On Thursday 15<sup>th</sup> July, 2021 our students competed at our Athletics Carnival held at Southern Cross Public School.



# Beautiful Minds Workshop on Sunday, 18<sup>th</sup> July, 2021 in Lennox Head

Respected Mental Health organisation, Beautiful Minds, is holding a ***one-day workshop for pre-teen girls in Lennox Head on Sunday 18 July 2021. The workshop has a strong focus on inner strength (resilience), strategies to navigate the ever-changing friendships, tools designed by Stanford University to deal with overwhelm and inner bully chatter, mindfulness and creativity and much more.***

Beautiful Minds will be sending a team of qualified presenters that work with children across the country in nationwide events and have programs in over 935 schools.

"Young girls need a set of daily habits that they can do on a regular basis to ensure their mind fitness is something they learn to look after from a young age. At Beautiful Minds, we sit in the preventative space to set her up for life. Our events are colourful, fun, dynamic and wrap learning's around a beautiful day." said Beautiful Minds CEO, Marina Passalaris.

"We are so fortunate to have Beautiful Minds put Lennox Head on their national workshop tour. It will really benefit our local youth, providing education and support that can sometimes be difficult to find in regional areas. Their workshops sell out across the country, so we hope local families see the value these sessions bring. So far, we have one workshop booked in for Sunday 18th July." said Roberta O'Brien, Coordinator Community Facilities for Ballina Shire Council.

The Beautiful Minds pre-teens one day workshop is suitable for pre-teen girls aged 8-12. Developed by leading experts and run by certified professionals, the day covers:

Navigate friendships and remove the drama. Learn the tools to have a happy, healthy friendship:

- Dealing with feeling overwhelmed, agitated and anxious, or struggling to find confidence
- How to feel calm instantly
- Daily habits to increase happiness
- Movement and music therapy
- Education and tools to cope with her changing body

"The award-winning program has been supporting Australian families for 18 years and our global experts are regarded as some of the greatest in the world. Having them create our content means that parents know their children are being exposed to credible content with actionable tools. We take great care in how we support our families.", said Passalaris.

Approved by the Australian Education Department and has NDIS funding approval. The workshop will be held at the Lennox Head Cultural Centre, 1 Mackney Lane, Lennox Head. NBN News will be at the event filming and interviewing our presenter.

For further information and to secure your place, please head to <https://beautifulminds.com.au/product/pre-teen-girl-northern-rivers/>



## **We Need You**

### **Out of School Hours Care Central Ballina Operates**

<b>Before School Care</b>	<b>7:00am to 9:00am</b>
<b>After School Care</b>	<b>3.20pm to 6.20pm</b>
<b>Vacation Care</b>	<b>7.00am to 6.20pm</b>

Applications are available at\_  
[www.rainbow.nsw.edu.au](http://www.rainbow.nsw.edu.au)

**Also Rainbow 4 John Sharpe St East Ballina**

Government Child Care benefits and rebate  
available.

All enquiries phone Jan or Jodie at the Rainbow  
Children's Centre for Information (02) 6686  
6621.