

The Wave



Term 1 – Week 6

Principal's Message

Quality Teaching Rounds

Ballina Public School will be participating in an exciting new research project on teacher professional development. The research is being undertaken by the University of Newcastle, commencing in Term 1, 2021. Children will be invited to participate in this project if their teacher is involved. Invitations to participating students have been sent out this week.

Participating students will complete some surveys and assessments as part of their usual school activities. All names will be removed and only student numbers will be given to the research team so that they can link survey and assessment results with NAPLAN and school attendance data.

If you do **not** want the research team to have access to this data, you can opt-out on your child's behalf. For further information about the research, please visit the research website at www.newcastle.edu.au/QTR or call the school office.

School Photos

It was wonderful to see everyone's best smiles and neatest hairdos for our school photos on Wednesday. Due to the unpredictable weather and soggy oval, we have postponed our whole school photo. This will be taken on a day yet to be confirmed.

PCYC "Fit For Life" Program

The PCYC Team started the "Fit for Life" program with our 5/6 students this week. It's great to have them come in and provide a great connection to our community.

We'd also like to thank them for their kind and generous donation of fruit for our students!

Kind Regards,
Stacie Luppi

Important Dates

Week 7

Monday 8th March

Cricket Blast
School Program

Friday 12th March

Kindergarten
Teddy Bears Picnic

Week 8

Monday 15th March

P & C
Annual General Meeting
4:00pm

Week 10

Thursday 1st April

Crazy Hat Parade
Last Day of Term

**School Banking
every
Wednesday**

School P & C Association
Meetings are held the 3rd
Monday of every month
at 4:00pm in the
Staffroom Admin Building

Canteen

Our Canteen has had a change of operating days and hours.

Please note our Meal Deal price has increased to \$6.00.

Canteen opening days are:

Wednesday, Thursday and Friday lunchtimes only – operating hours 8:30am-12noon.

THIS WEEK'S SPECIALS

\$6 Meal Deal – Pasta, Water and Fruit

New to the Menu – Butter Chicken & rice \$4.50



Alison Mann
Canteen Manager

Garden News

On Friday 1/2T took a trip to the garden and planted out flower seeds from the Woolworths Discover Garden Collection.

1/2T are learning about parts of a flower and pollination at the moment, with Mrs Taylor, so we hope that these flowers will attract lots of pollinators and especially bees to the fruit and vegetables we are growing.

While we were there the children also helped to look after our chickens Kit and Kat by sweeping out their pen, feeding them meal worms and corn, cleaning and refilling their water and collecting the chicken poo for the garden compost bins.

We all had lots of fun! Tristan said it was the best day of his life!

Great work gardeners.





WHY “DO” P&C?

I volunteer at my child’s school. I find that giving up an hour or two each month to attend meetings where we as a group get to have a impact on our children’s learning is priceless. I appreciate the fundraising that the P&C needs to do to ensure that our children have access to educational materials and great facilities.

IT IS THE LEAST THAT I CAN DO EVERY NOW AND THEN.

My children like that I am involved in their school life and they love it when they see me at the canteen or helping out at school community events.

P&C has allowed me to develop my skills. I have a better understanding of meeting practices and I have made lasting friendships. P&C for me also offers opportunities for my children, I get to show them the good that people can bring to their community.

I am giving them a model to aspire to, I am showing them that I value their education, that they are not alone.

I AM INVOLVED.

These reasons may not interest you but I bet there is something for you at P&C. Our Annual General Meeting is 15th March and Ballina Public School P&C Association is looking for members of the community who are willing and able to represent and advocate for your children. Our school is a richer place for the contribution of parents and others.

SIGN UP TODAY!

Ballina Public School P&C Association monthly meetings held the 3rd Monday of every month at 4.00pm in the staffroom admin building.

IMPORTANT INFORMATION

Covid Guidelines Update

Clarification for schools - identifying and responding to unwell students.

Students and staff must not attend school or work if they are unwell, even with the mildness of symptoms including fever, cough, sore throat, shortness of breath, loss of taste, and loss of smell.

Students need to be symptom free and a negative COVID-19 test result must be received and sighted by the school prior to their return to school.

Students who do not undertake a COVID-19 test are not permitted to return to school for a 10 day period and they must be symptom free for at least 3 days prior to their return.

Students who have seasonal allergic rhinitis or another condition that presents similarly to flu-like symptoms are still required to get tested for COVID-19 and return a negative test result. Where their symptoms continue beyond 10 days, students should provide documentation from their GP confirming their symptoms are typical for their condition.

Isolated incidents of sneezing or coughing may not indicate that a student is suffering from an illness. Staff should talk with students about how they are feeling to determine if a cough/sneeze is an isolated incident or whether the student is unwell. Where a student is unwell arrangements should be made to send them home.

COVID-19 testing for very young students or students with complex health or disability may be challenging. In these situations, schools are to ask the parent/carer to have their child assessed by their medical practitioner. Where a medical practitioner determines that a COVID-19 test is not indicated, a medical certificate must be provided to the school to confirm that the student does not have symptoms that warrant a COVID-19 test. The certificate must also indicate that the student is able to return to the school environment.

Welcome to K-1W

Punctuation Kung Fu

After we have looked at our sight words and put them into a sentence we practice Punctuation Kung Fu. Hands by our side and say 'Daniel Son', hands together and bend forward to represent a capital letter and forward punch for a full stop at the end of the sentence.



Peer learning with Blake from 4S

We joined up with K/1W and 1/2T to learn all about Woolly Mammoths from Blake in year 4.

Blake prepared a power point and used this time line to explain the life of a Woolly Mammoth.



Get to know our Staff

Interview with Mrs Whalan

- 1. How many years have you been teaching?**
20
- 2. What is your favourite food?**
Cheese
- 3. What is your favourite thing to do outside of work?**
Relax with family and friends
- 4. What is the most rewarding thing about your job?**
Children feeling proud and confident
- 5. Did you always want to be a Teacher?**
No, I wanted to be Suzie Quatro the 2nd
- 6. What is your favourite holiday destination?**
Poland, Cuba and Scotland



School Uniforms

School uniforms can be purchased from Lowes in Ballina Fair or Wallace & Co in River Street.

On 11th & 12th March, 2021 Lowes, Ballina Fair have a 20% of Schoolwear day.

School Hats are available for purchase at our administration office for \$8.50.



LOWES
ZERO & REWARDS CARD HOLDERS
2 DAYS ONLY - 11TH & 12TH MARCH
20% OFF
SCHOOLWEAR
& EVERYTHING ELSE

See our exchange and return policy on our website.

SHOP IN-STORE OR ONLINE

On the days of the event, Lowes will have measures in place to restrict customer numbers and movement throughout the store. Lowes will be enforcing social distancing with marshalls wearing hi-vis vests on site. We ask for your support in limiting the number of people you take with you into the store. Thank you for your support.

DON'T HAVE A CARD? APPLY IN-STORE OR ONLINE & START ENJOYING THE BENEFITS. *T&C'S APPLY.

*Offer ends midnight 12/03/2021. Must use Zero or Rewards card to receive discount. Excludes gift cards, all sale packages & clearance items. Cannot be combined with any other offer or discount. Floor stock only. Sizes and colours may vary from store to store. No cash checks. Please choose carefully, exchanges and refunds only with receipt. Includes evening 15% discount.

Supporting our Local Community



Coraki Hockey Club 2021 Season

All ages welcome
No experience necessary
Family friendly club



Come and try muster days:

Thursday 4th, 11th and 18th March from 5pm at
Goonellabah Turf Complex

Fitness training:

Tuesdays 6pm Windsor Park Coraki

Turf Training from 25th March:

Junior – 5pm
Senior Women – 6pm
Senior Men – 7pm

Season starts 9th April

FIND US AT:

Coraki Hockey Club
corakihockeyclub@gmail.com
Or contact: Anne-Maree Cheffins 0448346476



GOORI GUMAGUY BLAGGANG MIRR



Jarjum Gamgaang Bulaang

Learning Together

Homework Support Centre

Wednesdays 4.00 to 5.30

Community Room

10 Hayman Street West Ballina

Bring your homework and get support

DATES: March 3rd, 17th & 31st

April 21st, May 5th, 19th, June 2nd, 16th

We Need You

Out of School Hours Care
Central Ballina
Operates

Before School Care 7:00am to 9:00am
After School Care 3.20pm to 6.20pm
Vacation Care 7.00am to 6.20pm

Applications are available at
www.rainbow.nsw.edu.au

Also Rainbow 4 John Sharpe St East
Ballina

Government Child Care benefits and
rebate available.

All enquiries phone Jan or Jodie at the
Rainbow Children's Centre for
Information (02) 6686 6621



UNDERSTANDING AUTISM

A free workshop for staff supporting and working with young children (0-6 years) and their families.

Topics to be covered in the session can include:

- Early signs of autism in young children
- What autism is, and what it means for the child and their family
- Pathways for diagnosis
- Practical strategies to support families
- How services can support families
- Practical strategies that can make a difference to a child's development
- Helping parents select and maximise an intervention service.

Monday 29 March
3.30pm – 4.30pm
Club Evans RSL
11-13 McDonald Place
Evans Head NSW 2473

This session, presented by the National Coordinator Early Days, is an opportunity for participants to learn about autism and what it means for families and carers.

Time is allowed for questions and sharing of experiences and ideas.

For more information about the Early Days program please contact:
Lynda Melville, National Coordinator
P: 0408 798 466
E: lynda.melville@earlydays.com.au
www.earlydays.com.au



Early Days is funded by the Australian Government Department of Social Services through the Helping Children with Autism package. The Early Days National Coordinator is hosted by Autism Queensland.



FREE WORKSHOPS DOES YOUR CHILD HAVE AUTISM?

Developing My Child's Independence Skills

A free workshop for parents

9.30am – 1.00pm
Thursday 1st April
Ballina Surf Club Jullums Room
Lighthouse Parade
East Ballina NSW 2478

REGISTER ONLINE AT
<https://www.eventbrite.com.au/e/early-days-workshop-developing-my-childrens-independence-skills-ballina-registration-141394582001>

For more information:
Lynda Melville
Early Days National Coordinator
P: 0408 798 466
E: lynda.melville@earlydays.com.au

It is highly recommended you attend the 'My Child and Autism' workshop prior to attending this workshop.

Early Days workshops:

- are for parents and family members of young children on the autism spectrum or those who have concerns about their child.
- are held in small groups.
- are interactive.
- give families opportunities to share ideas with each other.

This workshop will help you:

- Understand why everyday self-care skills can be difficult for a child with autism
- Learn strategies for teaching skills
- Gain tips for specific skills such as eating, sleeping, toileting etc.



FREE WORKSHOPS DOES YOUR CHILD HAVE AUTISM?

Coping with Change

A free workshop for parents

Wednesday 31 March 2021
9:30am-2:00pm
The Veranda Room
Byron Community Centre
69 Johnson Street Byron Bay
NSW 2481

REGISTER ONLINE AT
<https://www.eventbrite.com.au/e/early-days-workshop-coping-with-change-byron-bay-tickets-141392034381>

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- are held in small groups.
- are interactive.
- give families opportunities to share ideas with each other.

Topics to be covered include:

- Understanding why change is so difficult
- Learn how change impacts young children with autism
- Learn strategies for preparing for change in everyday situations.

