

The Wave



Term 4 – Week 7

Principal's Message

End of Term 4

The end of the school year is fast approaching, with only 4 weeks left of the 2021 school year.

Class parties, fun activities, and the Year 6 Farewell are all events to look forward to for all of us.

Lots of Learning

It has been wonderful to see students bringing their writing and maths work to show me. Seeing the improvement that so many students have made throughout the year is what makes mine the best job in the world!

Our staff are always learning too! This week our Kindergarten to Year 2 staff were learning about how to use a new software program in their Stage meeting.

End of Year Raffle

Tickets are selling for our end of year raffle.

Our school is extremely lucky to have the support of our local community. This year, once again, many businesses have supported us with prizes for our end of year raffle. Given this has been such a difficult year for all of us, especially our local businesses, these donations are appreciated even more! Please get out and support our local businesses in Ballina whenever you can. Our raffle will be drawn on Friday 3rd December.

Classes for 2022

We are working on our class lists for next year over the next couple of weeks.

While we do not know exactly which teacher will be taking each class, we ask that if you have any requests for your child/ren for placements next year, that you contact us in writing by Friday 3rd December. We will do our best to meet your request, but cannot make any guarantees. You can email the school at ballina-p.school@det.nsw.edu.au.

Thank you

A shout out to the whole executive team for their hard work while I was on medical leave during weeks 5 and 6, and Stephanie Whalan did a tremendous job as relieving Principal. I am lucky to work with such a dedicated team at Ballina Public School.

Kind Regards,
Stacie Luppi

Important Dates

Term 4 - 2021

Week 9

Monday 29th November to
Friday 3rd December
Dental & Optical Visit

Week 10

Tuesday 7th December
Presentation Day Assembly
(Students Only)

Wednesday 8th December
Year 6 Farewell

Thursday 9th December
Principal's Award Assembly
(Students Only)

Friday 10th December
PBL Principal's Award Excursion

Week 11

Tuesday 14th December
Stage 3
Roller Skating Fun Day
(Lismore)

Wednesday 15th December
Stage 3
Pizza Lunch & Ten Pin Bowling
(Ballina)

Thursday 16th December
Last Day of Term

Stage 3
Laser Skirmish, Jumping Castle
and other activities
(At school)

Term 1 - 2022

School Commences

Years 1 - 6

Tuesday 1st February, 2022

Kindergarten

Wednesday, 2nd February, 2022

Canteen News



THIS WEEK'S MEAL DEAL

Pizza
(Ham & Pineapple / BBQ Chicken)

Flavoured Milk

Popcorn

\$6.00

Alison Mann
Canteen Manager

School Banking

As of **Wednesday 24th November, 2021** our school will no longer be participating in school banking.

Joan our Banking Co-ordinator, will be in contact with all banking students in regards to ordering reward items.

Thank you to all students that have supported our school banking program.

If you require any further information, please contact the Commonwealth Bank.

Joan
School Banking



Saying goodbye to School Banking

Sadly, our School Banking program will not be returning to schools in 2022.

Book Club

Issue 8 – Book Club has been handed out to students.

This closes on Tuesday 1st December, 2021.

Orders after this date will not be accepted.

Nutritional Ideas

As we head towards the end of the year, it can be hard to think of ideas for healthy lunches and snacks. The Cancer Council has a fantastic selection of ideas that the kids can help prepare – visit <https://healthylunchbox.com.au/> for more great ideas!

MEAL AND SNACK IDEAS

Breakfast	Lunch
<ul style="list-style-type: none"> wholegrain breakfast cereal, e.g. porridge, muesli or wheat flake biscuits with fruit and reduced-fat milk or yoghurt fruit salad with reduced-fat yoghurt and a muesli topping fruit or vegetable, oat-based smoothie made with reduced-fat milk or milk alternative mushrooms, tomato, avocado or baked beans (reduced salt) on wholemeal or wholegrain toast 	<ul style="list-style-type: none"> sandwich, wrap or roll made with wholemeal or wholegrain bread and salad vegetable-based salads with brown rice, wholemeal pasta or chickpeas, or tabouli made with cracked wheat vegetable pizza made on wholemeal pita bread barley and vegetable soup brown rice sushi vegetable rice paper rolls
Dinner	Snacks
<ul style="list-style-type: none"> brown rice with a casserole or curry wholemeal pasta with vegetable sauce stir-fry with vegetables and wholegrain noodles cracked wheat added to homemade patties or rissoles 	<ul style="list-style-type: none"> wholemeal or wholegrain crispbread with tomato and hummus plain air popped or microwaved popcorn muffins, pikelets and scones made with wholemeal flour and fruit or vegetables muesli bars containing mostly oats, nuts and seeds wholemeal fruit and nut bread, thinly sliced fresh or canned fruit, in natural juice vegetable sticks and a vegetable-based dip, e.g. hummus or tzatziki small handful of dried fruit fruit or vegetable kebabs baked beans, salt reduced



Nutrition Snippet

SILLY SEASON FUN.

Get the kids to design their own seasonal creation!



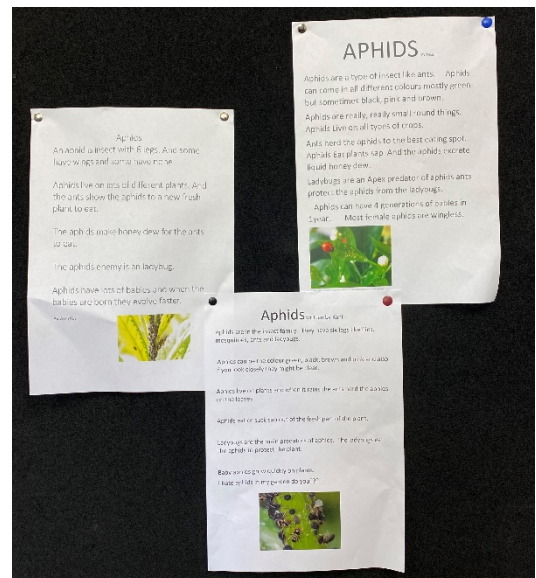
Have fun and get fruit and fibre into the day!

Our super easy [banana pikelet](#) recipe is perfect for the kids to get creative in the kitchen!

For these recipes and more visit: healthylunchbox.com.au



Staff and Student Learning



End of Year Monster Raffle

The SRC end of year 'Monster Raffle' is well underway. Ticket books have been handed out to students and there are HUGE prizes up for grabs, tickets are selling fast.

Listed below are local businesses who have kindly donated prizes:

Pet Stock	I Nails	Mr Mozzarella
Sea Silk Gallery	Barbeques Galore	Mezza @ The Point
Body Beyond Ballina	Eight Brothers	Mumbai Masala
Ballina Pool & Waterslide	Lennox Smokin Barrel	Burrito Bar
The Cove	Opal Nails	Ballina Tenpin Bowling
Gloria Jeans Coffee	Cherry Street Sports Club	Indian Kitchen
Northern Rivers Seafood	Direct Factory & Boots	Enspire
Priceline Pharmacy	Sportspower Super Warehouse	The Bicycle Emporium
Ballina Surf	Blooms The Chemist	The Cellar
Ballina R.S.L Club	Noodle Box Ballina Fair	The Coffee Club
Our Chemist	Repco Ballina	Nosh
West Tower Tavern	Fishermans Co-Op	Baskin Robbins
Tonic Hair Body Beauty	The Book Warehouse	Bi Rite
Ballina Fair Cinemas	Ballina Book Shop	Red Earth Jewellery
Belle General	Sonnie's Thai	

All tickets **MUST** be returned to our administration office by **Monday 22 November 2021**. For every booklet sold and returned, students receive 1 entry into the draw to win a single pool admission and slide pass.

Interview with Lee Jonsson – School Learning Support Officer

- 1. How many years have you been at Ballina Public School?**
I started in 1998 – then had 3-4 years off in the middle so close to 20 years!
- 2. What is your favourite thing to do at Ballina Public School?**
Kick the footy with the kids.
- 3. What is your favourite food?**
Mexican.
- 4. Who is your favourite sports team?**
Manly Sea Eagles.
- 5. Who is your favourite Actor or Athlete?**
Mick Fanning.
- 6. Where is your favourite holiday destination?**
Bali.



Supporting our Local Community

We Need You

Out of School Hours Care
Central Ballina
Operates

Before School Care 7:00am to 9:00am
After School Care 3.20pm to 6.20pm
Vacation Care 7.00am to 6.20pm

Applications are available at
www.rainbow.nsw.edu.au

Also Rainbow 4 John Sharpe St East
Ballina

Government Child Care benefits and
rebate available.

All enquiries phone Jan or Jodie at the
Rainbow Children's Centre for
Information (02) 6686 6621.

John Huegill Memorial Charity BAREFOOT BOWLS DAY

Sunday 5 December 2021 2pm
@ Cherry St Sports Club, Ballina

\$25 PER PERSON
under 15 years \$10

includes *Dinner *Dessert *1 Drink

No experience necessary | Bowls and Coaching provided
Teams of 4 or we can put you in a team

Funds raised will be used to purchase
'Care Packs' for victims of Domestic Violence and other Rotary projects

Bookings:

Jodie Shelley 0427 287 627 or
Col Lee 0417 862 602

JOIN US
for a fun
afternoon

Have FUN
with
FAMILY
&
FRIENDS

Prizes
&
Raffles

Thank you
to our major
Sponsors



Rotary
Ballina-on-Richmond
www.facebook.com/BallinaonRichmond